

Therapeutic Touch

National Retreat

Portsea, Victoria, Australia

Saturday 26th and 27th August 2017



**International Guest Speaker
Diane May RN**

Pre and Post Retreat Workshop Dates

**Wednesday 23rd August in Frankston with our
host Gerry Milton**

**Friday 25th August
Monday & Tuesday 28th and 29th
Wednesday 30th August all to be held in
Portsea Victoria**

Hosted By

Therapeutic Touch Association of Australasia Inc.

Pre and Post Retreat Workshops: Presenter: Diane May

Workshop One (1) Wednesday August 23: Spirituality and Connection

In this one day workshop, which is primarily experiential, we will explore the concept of Spirituality that speaks of connection to self, to others, to community and to Higher Power (if that is part of your belief system). Through exercises, we'll examine this connection from a personal as well as an energetic perspective. The understanding derived from doing so will deepen our perceptions of the energy field and finally, we will connect all of these experiences with our Therapeutic Touch or energy based practice. Valuable methods for honing your TT/energy skills, these tools can be useful to any holistic practitioner.

Participants: Open to all TT and energy workers with intermediate or equivalent experience

Workshop (2) Friday August 25: Intuition in Energy Work

This primarily experiential workshop explores how we can use our inner wisdom as a resource not only in doing TT and other energy work but in our everyday existence. We will look at the varying kinds of intuition and learn how to access our intuitive skills more consistently. Once this is second nature, tools for distinguishing fantasy from reality will be explored and practiced. Exercises in moving deeper into the field during assessment and treatment will connect all of this with our practice. A practicum incorporating all that has been presented is the final aspect of this worthwhile session. These tools are invaluable methods of honing your skills.

Participants: Open to all TT and energy workers with basic, intermediate or equivalent experience

Workshop Three (3) Monday 28 and Tuesday 29: Fine Tuning Your Inner Healer Part 1 and 2 – The TT Exploration Continues

This two day primarily experiential workshop includes sections on Plumbing the Depths of TT Assessment, starting with basic assessment skills and moving into ever deepening levels of awareness connecting with all layers of the field. (physical/vital, emotional, mental and intuitional/spiritual). We will consciously explore the chakras as a tool in the assessment process, both for ourselves and our clients, incorporating the Inner Self. We will look at what constitutes field rhythm and how it plays a role in the TT process. We will examine the concepts of Presence, Awakening, and Awareness in Therapeutic Touch and the role each plays in the evolution of the practitioner. Learning to utilize your Inner Self as a tool in Self-reflection will continually enhance and elevate your practice. Experience how this knowledge supports, and fine tunes you, the healer, and your Therapeutic Touch practice, as well. Discover what is in the way of the potential that you have to offer and how to move through those challenges in order to Fine Tune your Inner Healer.

Participants: Open to all TT practitioners who are ready for advanced level practice

Workshop (4) Wednesday August 30: Teaching Outside the Box and Inside the Circle

In this workshop Diane will introduce her brand new TT book 'Teaching Outside the Box and Inside the Circle'. Participants will be able to explore teaching introductory TT to groups of one or more - clients, colleagues, family members as well as teaching TT Basic according to the TTAA Education Guidelines. This practice oriented day is designed for participants to bring questions and challenges and explore innovative ways to share TT. There will be opportunities for us all to hone our teaching skills. There will be information and discussion about how to teach generally rather than focusing on content –'Teaching Outside the Box and Inside the Circle'.

Participants: Open to all TT practitioners who are ready to explore teaching TT



Diane May Wellness Education

**Therapeutic Touch, Holistic Practitioner, Chronic
Pain/Stress Management,
Trainer/Coach**

Diane May RN, QTTT, RT

Diane May, a registered nurse since 1973, is a true healer for our time, blending entrepreneurial skills with her passion for teaching to help others learn to heal themselves and to support the healing process in others. She has an extensive background in long-term care administration, functioning as Head Nurse, Director of Nursing, Administrator as well as Management Consultant in the long-term care industry. In the early 1980s, Diane administered a 650-bed multi-level senior's complex, implementing many innovative programs.

Diane has practiced and taught on three continents for over 30 years (in colleges, universities, hospitals, hospice and numerous community agencies, teaching over 68,000 people to date). Teaching side by side with Dolores Krieger, PhD, RN, and Dora Kunz, the co-founders of Therapeutic Touch, Diane May has moved Therapeutic Touch forward into unexplored territory with phenomenal success. She offered hope to the chronically ill with her own Ventures in Harmony Pain and Stress Clinic in Canada, starting in 1989.

Now, as the Past President of TTNO (Canada) and Therapeutic Touch International, she combines her foundation in Western medicine with her experience in the field of human energy to create workshops worldwide at the most advanced levels available. Diane is the author of the popular Therapeutic Touch Handbook series: *Level One-Basic* and *Levels Two and Three – Intermediate, Advanced Practice*, the *Therapeutic Touch Teaching Handbook* and the two accompaniment CDs "Selected Meditations and Exercises" for the first two books and the Advanced Practice book (Scribe Press, Redlands, CA).

A dynamic public speaker, Diane has appeared in print and on television internationally.

Contact information:

Diane May RN, QTTT, RT

Telephone: 909-553-2035

Email: dianemay.com@gmail.com

Website: www.DianeMay.com

Retreat at the Beach

This 2 day Retreat offers you an opportunity to take time out and gently deepen your TT practice. You will be able to enjoy the company of fellow TT practitioners, reflect on your life and practice and rest in a healing and peaceful environment.

Saturday 26 Morning session: Healing Presence to Healing Moment: Patterns of Experience with Diane May

This primarily experiential session explores the way you identify your own healing presence and what this means to you as a TT Practitioner. How do you know what constitutes healing presence and how do you maximize that potential? From that base, how does healing presence potentiate a healing moment in your client and what patterns do you identify when a healing moment occurs.

Saturday 26 Afternoon session: Reflection and Meditation With TTAA Executive Members and Garry Graham

The afternoon is designed to offer you a range of places and activities which will support you in reflection and your own inner journey. Whether you exchange TT treatments, walk a labyrinth or simply have some quiet time out from the demands of modern life – allow this Retreat time to nourish and sustain you. We will finish the day with a Grounding Meditation from Garry Graham.

Sunday 27 Morning session: Connecting to the Quantum Field, TT and Distance Healing with Jane Hall

In this workshop Jane will use the latest in knowledge quantum science about the existence of the quantum field. It appears that we may be immersed in a web of energy that connects the whole universe with each tiny particle of matter and light. Not only are we connected to everything else thru this web, the quantum field is thought to contain all possibilities including those for profound healing. Drawing on the work of Jean Houston and Deepak Chopra Jane will guide participants in exploring how their interaction with the quantum field can support healing and wholing for themselves and others as well as the planet. The implications for making positive change are enormous. While this requires both knowledge and practice, the workshop is designed to inspire participants to start exploring these possibilities further, by applying the principles to TT as distance healing.

Sunday 27 Afternoon session: Mindfulness Art project with Lainie Rawlins Meditation with Marg Graham

Gifts from the Beach – A mindfulness art project

Lainie will guide the group through a meditation on the beach. It will be a moment to centre and appreciate nature. There will be an opportunity to wander the beach to appreciate its wonders and accept its gifts. While wandering small items collected such as sand, pebbles and shells can be collected to form an art project and memento of the moment.

Sunday 27th Afternoon session: Reflection and Meditation With TTAA Executive Members and Margaret Graham

“Retreat at the Beach”			
Therapeutic Touch Association of Australasia Inc.			
National Retreat – 26th and 27th August 2017			
Portsea			
	<i>Saturday 26th</i>		<i>Sunday 27th</i>
<i>Time</i>		<i>Time</i>	
9.00am	Arrival & Registration	9.00	Connecting to the Quantum Fields: TT and Distance Healing Presenter: Jane Hall
9.15am	Introduction & Welcome -		
9.30am	Healing Presence to Healing Moment Presenter: Diane May		
10.30am	Morning Break	10.00am	Morning Break
	Healing Presence to Healing Moment Presenter Diane May		Distance healing practice and TT exchanges
1.00pm	Lunch	12.30pm	Lunch
2.00pm	<p>“Your Time” – you can choose to undertake any of the following activities, in your own space & time:</p> <ul style="list-style-type: none"> ✓ Walk the labyrinth, ✓ Listen to one of the meditation CDs being played, ✓ Or share Therapeutic Touch with someone you’ve met today. ✓ Beach or nature walk 		<p>Mindfulness Art Project Presenter: Lainie Rawlins</p> <p>Or</p> <p>Choose from the following</p> <ul style="list-style-type: none"> ✓ Walk the labyrinth, ✓ Share Therapeutic Touch with someone you’ve met today.
3.30pm	Sharing Circle	3.00pm	Closing Ceremony
	Grounding Meditation with Garry Graham		Grounding Meditation with Margaret Graham
4.00pm	Completion of Day One	4.00pm	Finish



Jane Hall

Cert Mid, B AppSci (AdvNurs), M Ed, M Couns& HS, QTTT. President TTA

Jane is an energy based therapist, counsellor, transpersonal coach and presenter who has practiced and taught Therapeutic Touch since the 1990's. Jane is a leader in TT in Australia. She has been closely involved in establishing the Therapeutic Touch Association of Australia (TTAA), developing the TTAA education program and providing the TT community with many retreats and conferences. She is currently President of TTAA. Jane's passion has been to support clients and students to find their own potential for healing, growth and transformation. She has explored the connections between TT and mindfulness and shared these understandings through a series of Meditation for Living programs. Jane brings a wealth of experience and knowledge in the areas of healing, wellbeing and spirituality. She is excited to share some of the latest understandings connecting ancient healing systems with modern science and the potential for expanding heart centred consciousness.



Lainie Rawlins

RN, Secretary TTA

Lainie was introduced to Therapeutic Touch in 1997. She has attended many TT workshops, retreats and conferences and been actively involved on TT executive committees. Lainie has 29 years nursing experience with the last nine of those as a Registered Nurse. While working as an Enrolled Nurse in a rehabilitation hospital she used TT to benefit clients and staff, and was part of a research team into the effects of TT on stump and phantom limb pain. Lainie has presented TT at nursing conferences and at staff education programs. To relax she enjoys quiet time and creative pursuits through craft activities.



Garry Graham

Farmer and technical Officer

Garry lives in the Riverina NSW on a small acreage works full time off farm.

Garry is married to Margaret and has 2 daughters and a grandson

Garry has completed all levels of TT. He has wonderful skills in grounding and seeks to use TT for himself as opposed to teaching skills to others. He is wise and delivers TT to others as needed, uses distance TT as part of his practice in connection with those in need and goes about his practice in a quiet manner.

Garry loves the bush and being in nature and makes regular visits to Boat Rock which is an aboriginal site nearby where he lives. Garry has visited the Northern Territory on many occasions learning some of the aboriginal culture and enjoying what the outback has to offer..



Margaret Graham

Nurse, Diversional Therapist. Membership secretary TTAA

Margaret lives in the heart of the Riverina in NSW on 100 acres with Garry.

Currently Margaret works with children with disabilities. Margaret has a background in Nursing having worked in the industry for over 20 years before becoming a qualified Diversional Therapist and then working in Disability services, particularly in the childhood sector. Margaret has worked in the hospitals, aged care facilities and Early Childhood facilities.

Introduced to TT in 2001 she began training at Basic level and introduced the techniques to others in Aged care in the Riverina and North east Victoria with the support of teacher Sue Gregory. There began, a journey of learning all levels of TT, including Teachers level. The experiences have been amazing and she has met many people with a variety of skills along the way by attending training retreats and conferences. Ask her about her spoon bending skills.

Margaret is excited to share her skills and knowledge at the Retreat and will share in a time of reflection and meditation to support the expansion of TT and deliver the heart and compassion of TT to others



**Come along and enjoy the company of other TT enthusiasts
From, around Australia, over this relaxing weekend.**



This is a Retreat. This is a time for YOU.

- ❖ **Reflect**
- ❖ **Replenish**
- ❖ **Deepen your own TT Practice**

You are free to attend sessions as you wish and you are encouraged to share Therapeutic Touch, with as many individuals as you feel comfortable, over the weekend.

There will be a labyrinth set up for personal use over the entire weekend. You are free to use this whenever you wish.

Further Information about the Venue:

**Campbells Rd
PORTSEA VIC 3199**

For those travelling from Tullamarine Airport a shuttle bus is available. To check the timetables for this service please go to www.fapas.com.au . The Airport Shuttle Bus takes approximately 95 minutes to get from the airport to Frankston, with fares for adults being \$34 one way and \$61 return.

Please contact the committee for further information on travel or any other questions you may have when registering

For further information contact
Jane Hall on 0400226286 or janehall@alphalink.com.au
or
Jenny Cameron on 0419391488 or bringelli@hotmail.com

THE THERAPEUTIC TOUCH ASSOCIATION OF AUSTRALASIA INC

**Retreat and Workshops
August 23rd to 30th 2017**

REGISTRATION FORM

SECTION A: Contact Details

Surname	Given Name	Title (Mr/Mrs/Ms/Dr)
Postal Address		
State	Postcode	
Phone (home)	Phone (work)	Mobile
Fax	Email	

SECTION B: Retreat Registration Fees 26th & 27th August

Your registration includes morning and afternoon tea, lunch and certificate

Registration Type	Registration Fee	Fee to pay
Non Member of TTAA	\$240	
Member of TTAA	\$220	
Multiple booking fee (more than 1 event registered)	\$200	

TTAA Membership fee 2017-18

(Joining TTAA will entitle you to register for the retreat and workshops at Members rates. Please complete the joining form along with your Retreat and workshop Registration form.)

Section B Subtotal \$_____

A cancellation fee of \$75.00 will apply to any cancelled registration; however, you may substitute a replacement delegate at no charge.

Please Note: A refund will be given should you elect to cancel 1 week prior to the event at the discretion of the TTAA National Committee.)

All those wishing to attend the Pre and post Retreat Training workshops need to list below the details of their previous training levels in TT. Please tick the box that suits your level of training

	<u>Level of Training in TT</u>	<u>Teacher</u>
Basic	<input type="checkbox"/>	
Intermediate	<input type="checkbox"/>	
Advanced	<input type="checkbox"/>	
Teachers	<input type="checkbox"/>	

SECTION C: Pre Retreat and Post Retreat Workshops:

Your registration includes morning and afternoon tea, workshop notes, certificate
BYO Lunch or By Order eg wraps / sandwiches, delivered to venue

Workshop 1 – Spirituality and Connection – Diane May

Dates: Wednesday 23rd August Inner self workshop

Intermediate or equivalent level required

Venue: Seaford Victoria

Fee to pay

Non Member of TTAA \$150

Member of TTAA \$125

Multiple booking fee (more than 1 event)* **\$112**

Workshop 2 - Intuition in Energy Work –Diane May

Dates: Friday 25th August

Basic or Intermediate level required

Non Member of TTAA \$150

Member of TTAA \$125

Multiple booking fee (more than 1 event)* **\$112**

Workshop 3 Advanced Training

Fine Tuning Your Inner Healer Part 1 & 2 – Diane May

Dates: Monday 28th & Tuesday 29th August

Intermediate level of training required

Non Member of TTAA \$300

Member of TTAA \$250

Multiple booking fee (more than 1 event)* **\$224**

Workshop 4 - Teacher Training

Teaching Outside The Box & Inside the Circle – Diane May

Dates: Wednesday 30th August

Advanced level of TT training required and ready to teach TT

Non Member of TTAA \$150

Member of TTAA \$125

Multiple booking fee (more than 1 event)* **\$112**

(Please Note: * Multiple booking fees are available to members only
The Registration cancellation policy is also applicable to the Pre and Post Retreat Workshops.)

Section C Subtotal \$_____

Please note

- *Workshop 1 will be delivered in Seaford Victoria*
- *All other events will be held in Portsea at the Retreat Venue*

SECTION D: Accommodation

A wide variety of accommodation is available in the area.

Please seek the preferred level of accommodation you desire within a suitable distance from the venue.

- Venue for Thursday event is 77 Kirkwood Ave, Seaford
- Venue for Friday to Wednesday events is Cambells Rd Portsea

SECTION E: What to bring

- Comfortable clothing suitable for the climatic conditions and walking shoes
- You may like to bring a journal and pen so that you can reflect on your journey at this special time of retreat

SECTION F: Dietary requirements

Please provide notification of any specialized dietary requirements in the section below:

Morning & afternoon tea & lunch will be provided at the Retreat.

For further information contact

Jane Hall on 0400226286 or janehall@healingdimensions.com.au

or

Jenny Cameron on 0419391488 or bringelli@hotmail.com

SECTION G: Payment to TTAA

Membership fee	General Annual fee	\$75	\$
	Concession annual fee	\$35	
	Student annual fee	\$35	
Retreat registration Fees	(Section B Subtotal)		\$
Workshop Registration Fees	(Section C Subtotal)		\$
TOTAL PAYMENT			\$ _____

Payment Method:

Direct deposit:

Please ensure that the code is used for payments when they are directly deposited to the TTAA account below

The code must include your surname on at least 1 of the categories below

BSB: 013 365 Account no: 499648235

Code for retreat day only retr..... (and surname)

Code for workshops pre..... (workshop number(s) and surname)

post..... (workshop number(s) and surname)

multiple (and surname)

Cheque Money Order (Please Tick the relevant box)

(Cheques & money orders made out to: **Therapeutic Touch Association of Australasia Inc.**)

Credit Card: Visa Master card

Name on Card: _____

Credit Card Number: ____/____/____/____ Expiry Date: __/ __

Cardholder's Signature: _____ CVV number

Total Amount: \$_____

PLEASE FORWARD YOUR COMPLETED REGISTRATION FORM & PAYMENT TO:

TTAA Treasurer:

Virginnia Kingsford

Address: 61 Male Street, Brighton

Mobile: 01419558658

Email: virginnia@netspace.net.au

Section C: Further Information:

Renewing Members need only include the details of training completed in the previous year.

Please Circle

1. Have you had any training in Therapeutic Touch (Krieger/Kunz method)?
Yes No

If Yes then please complete the following table:

<u>Level</u>	<u>Teacher</u>	<u>Date(s)</u>	<u>Hours</u>
<i>Eg:Basic</i>	<i>Ms X</i>	<i>01 01.01</i>	<i>24</i>

2. How do you use Therapeutic Touch
Self, family & friends, professional practice, teaching

3. Which, if any, other therapies are you trained in? - Please give details

PLEASE FORWARD YOUR COMPLETED REGISTRATION FORM & PAYMENT TO:

TTAA Treasurer:
Virginnia Kingsford
Address: 61 Male Street, Brighton
Email: virginnia@netspace.net.au
Mobile: 01419558658

The treasurer will issue receipts after receiving the payment by direct deposit into the account and or credit card payment.

TTAA Membership Secretary,
Margaret Graham,
Address: 2356 Berrigan Rd, Berrigan, NSW, 2712
Email : margrg@hotmail.com
Phone /fax 0358858251.
0400 205 432